



GANGADHAR MEHER UNIVERSITY, SAMBALPUR

Report on Extra-Mural Lecture/ Seminar/ Webinar/ Workshop, etc.

Name of the organizing School(s)		IQAC Gangadhar Meher University, Sambalpur			
Title of the event		Breaking Gendered Cultural Norms: Women as Master Chef			
Date (DD/MM/YYYY) or Period (DD/MM/YYYY to DD/MM/YYYY) of the event		12/12/2023			
Name & Designation of the Convener(s) of the event		Dr. Subhankari Pati, Assistant Professor Dr. Banita Mahanandia, Assistant Professor Ms Singh Subhalaxmi Baidhar, Assistant Professor			
Resource Persons Details	Sl.No	R.P. Name	Designation	Affiliation	Website link (if any)
	1	Arya Kumari Panigrahi	Former Principal	IHM, Bhubaneswar	
	2	NA			
Participant's details		A. No. of student participants from GMU		200	
		B. No. of student participants from outside GMU		00	
		C. No. of faculty participants from GMU		00	

D.No. of professional participants (faculty/industry person etc.) from outside GMU	00						
Total number of participants (A+B+C+D)	200						
Name and address of University/ institute of the outside participants (up to 10)	<table border="1"> <thead> <tr> <th data-bbox="1077 884 1181 1332">S.No.</th> <th data-bbox="1077 1332 1181 1736">Name of the University/institute</th> <th data-bbox="1077 1736 1181 2101">Address of the University</th> </tr> </thead> <tbody> <tr> <td> </td> <td> </td> <td> </td> </tr> </tbody> </table>	S.No.	Name of the University/institute	Address of the University			
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Description of the event and its Significance/Scope in 100-200 words

**GANGADHAR MEHER UNIVERSITY, AMRUT VIHAR, SAMBALPUR
TECHNICAL REPORT**

TOPIC: "BREAKING GENDERED CULTURAL NORMS: WOMEN AS MASTER CHEF"

DATE: 12-12-2023

TIME- 11.30 AM Onwards

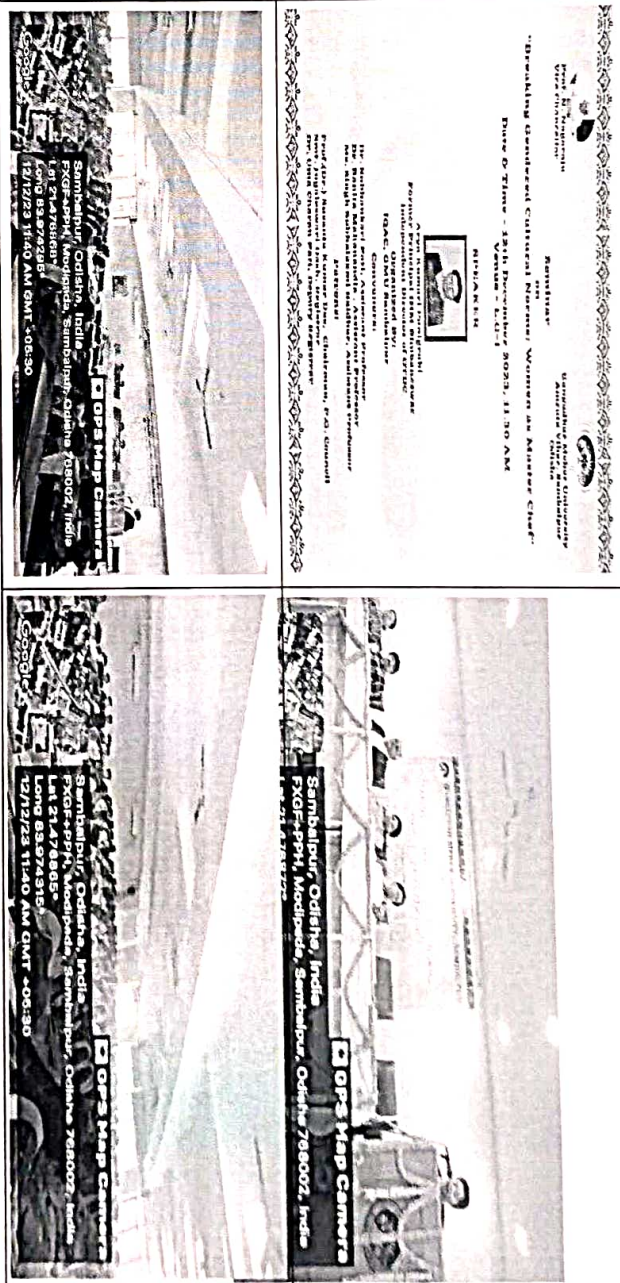
SPEAKER- ARYA KUMARI PANIGRAHI

The IQAC CELL, G.M University conducted a seminar on date 12-12-2023 from 11:30 pm onwards. The meeting was attended by the faculty members of the University, the Registrar, Deputy Registrar, IQAC members, Ph.D. Research Scholar, students.

The meeting stated with playing of the University Anthem. Then Dr. Banita Mahanandia introduced the speaker Arya Kumari Panigrahi Madam to the audience. She then delivered her lecture on the topic "Breaking Gendered Cultural Norms: Women as Master Chef". She started her deliberation by stating that 'women are not born, they are made'. After this remark she told the audience that the term 'gender' is socially and culturally constructed by our society. She further added that the real problem of gendered norms lies in our perception. She also highlighted the point that women are not confining their role as master chef in the four walls of kitchen rather their role as so extend with all spheres of a human life. She also talked the very essence of women care, concerning women's role as equal with men, they are not born for child producing machine. She discussed various policies and schemes of government lunched for breaking the gendered and cultural norms of our society. She also analyzing the unequal hierarchical discrimination faced by women in a society giving her personal experience which were occurred throughout her life. She in her concluding remarks stated that the most supreme way to eliminate the gendered norms is education, awareness programme, reforming cultural illness etc. She also added some inclusive factors like strong determination, talent, intellectual deliberation, critical thinking approach which leads to strengthening and improving their

living conditions and, in this way, they can prove the stereotypical society as wrong. The lecture was followed by question answer session in which many students participated and asked various quarries, students like Ganesha Pradhan, Sanjay Kumar Sahoo, Saroj Sahoo, Laxmipriya Behera, Arta Barik, Ushakanta Sahoo asked questions. Arya Kumari Madam able to clarify all the queries and doubts raised by the audience. The seminar was ended with the vote of thanks by Ms. Singh Subhalaxmi Baidhar.

Poster and Photograph/Media Clip of the event (insert upto 4 nos. of documents including poster)



- Name/Full Signature of Convener(s)
 1. Dr. Subhankari Pati *Subhankari Pati 12/12/23*
 2. Dr. Banita Mahanandia *Banita Mahanandia 12/12/23*
 3. Ms. Singh Subhalaxmi Baidhar *Sngh Subhalaxmi Baidhar 12-12-23*

12/12/23

*Director, IQAC
 Gangadhar Meher University
 Sambalpur*